

COLEGIUL MEDICILOR TIMIȘ	
Nr. 4106	Din 11.10.2024

Anexa nr. 4

2024

Modelul declarației de candidatură pentru funcția de membru în biroul consiliului colegiului teritorial

Către: Colegiul Medicilor Timis

Subsemnata/Subsemnatul **Dr. Mihai-Sorin IACOB**

membru al Colegiului Medicilor Timis, având specialitatea Medicina de Familie / Pediatrie, grad profesional medic primar și titlul științific Formator medicina de familie (dacă este cazul), formulez prezenta declarație de candidatură pentru funcția de:

— președinte al biroul consiliului Colegiului Medicilor

vicepreședinte al biroului consiliului Colegiului Medicilor Timis coordonator al

— vicepreședinte al biroului consiliului Colegiului Medicilor
coordonator al.....

— vicepreședinte al biroului consiliului Colegiului Medicilor
coordonator al.....

X secretar al biroului consiliului Colegiului Medicilor coordonator al Departamentului de avizari

Declar că:

— am...avut...următoarele...sanțiuni...disciplinare/ penale în ultimii 5 ani:

X nu am avut sancțiuni disciplinare sau penale în ultimii 5 ani.

Declar că:

— Dețin funcții în alte organisme statale, administrative, sindicale ori patronale:

X Nu dețin funcții în alte organisme statale, administrative, sindicale ori patronale.

Declar că:

X Am avut anterior următoarele mandate în organele de conducere teritoriale (cu precizarea perioadei): 2020-2024

— Am avut anterior următoarele mandate în organele de conducere naționale ale CMR (cu precizarea perioadei):

— Nu am avut anterior nici un mandat în nici un organ de conducere teritorial sau național

Atașez declarației de candidatură:

X Curriculum vitae

X Scrisoarea de intenție

Data: 11.10.2024

Semnătura ³⁾ .

1) Se inseră prenumele și numele persoanei care candidează pentru funcția de membru în biroul consiliului Colegiului Medicilor

2) Se inseră domiciliul din actul de identitate

3) Se va semnifica olograf dacă cererea se depune personal și va fi aplicată semnătura electronică extinsă dacă este depusă electronic.

PERSONAL INFORMATION

MIHAI SORIN IACOB



PERSONAL STATEMENT

- FAMILY MEDICINE SENIOR PHYSICIAN,
- PEDIATRICIAN SPECIALIST PHYSICIAN,
- Trainer of Family Medicine Physician,
- Certificate (Competence) in General Ultrasonography.
- Certificate (Competence) in Occupational Medicine.

WORK EXPERIENCE

1 Apr 1995–14 Jan 1996	Social work associate professional SCOTLAND VOLUNTEER CENTER, TIMISOARA Social assistance - assistance children in orphanages and disabled care
15 Jan 1996–1 Oct 1998	FAMILY MEDICINE RESIDENT PHYSICIAN TIMISOARA COUNTY HOSPITAL, TIMISOARA (Romania)
1 Oct 1998–1 Nov 2002	Pediatrics Resident Physician and PhD student VICTOR BABES UNIVERSITY OF MEDICINE AND PHARMACY, TIMISOARA (Romania)
1 Sep 1997–Present	CEO, MEDICAL DIRECTOR, SENIOR PHYSICIAN OF FAMILY MEDICINE ADVITAM-MEDICIS MEDICAL CENTER, TIMISOARA (Romania) www.advitammedicis.ro
1 Oct 2013–2019	VICE PRESIDENT TIMIS SOCIETY OF FAMILY MEDICINE., TIMISOARA (Romania)
17 May 2014–Present	National Coordinator and Founding Member ULTRASOUND WORKING GROUP, Timisoara (Romania) ROMANIAN NATIONAL SOCIETY OF FAMILY MEDICINE.
19 Dec 2016–Present	MEMBER OF THE FAMILY MEDICINE SPECIALTIES COMMISSION OF THE ROMANIAN MINISTRY OF HEALTH. THE MINISTRY OF HEALTH - ORDINARY NO.1504 OF 19.12.2016 MEMBER OF THE FAMILY MEDICINE SPECIALTIES COMMISSION OF THE ROMANIAN MINISTRY OF HEALTH. THE MINISTRY OF HEALTH - ORDINARY NO.1504 OF 19.12.2016 (Romania)

26/01/2018 - Present	President of EUVEKUS (Europäische Vereinigung für die Entwicklung von Klinischen Ultraschalluntersuchungen im Ambulanten Gesundheitswesen. ► EUVEKUS/ , ► European Association for the Development of Clinical Ultrasonography in Ambulatory Health Care (Outpatient Health Care). ► EADUS Headquarters: 1200, Vienna, Wollfsgasse nr.2-4/ Top5, Austria.
19/02/2018 - Present	President of AEDUS (Asociatia Europeana de Dezvoltare a Ultrasonografiei) ASOCIATIA EUROPEANA DE DEZVOLTARE A ULTRASONOGRAFIEI CLINICE IN ASISTENTA MEDICALA AMBULATORIE.
20/03/2019 - Present	President of the Timis Society of Family Medicine Asociatia Timis de Medicina de Familie, Timisoara, Romania. (Membra SNMF)
1/10/2019-Present	SENIOR MEDICAL EXPERT , Timisoara Emergency Clinical Municipal Hospital, Romania. THYROSCREEN PROJECT , EUROPEAN PROJECT RORS 350, Romania - Serbia.
1/10/2020 - Present	Vicepresident of Timis College of Physicians - President of the Family Medicine Commission of Timis College of Physicians.
20/10/2022 - Present	Vice president of the Romanian National Society of Family Medicine / GPs
2023 - Present	Center for Preventive Medicine, "Victor Babeș" University of Medicine and Pharmacy, Timisoara, Romania; Collaborator

Main activities and responsibilities - present

Dr. Mihai IACOB, MD, Senior Medical Expert,

- Family Physician and Pediatrician, Trainer in Family Medicine,
- CEO at AdVitam Medicis Timisoara Medical Center, Timisoara, Romania;
- President of Timis Society of Family Medicine, Timisoara, Romania;
- Vice-president of Romanian National Society of Family Medicine, Bucuresti, Romania;
- Vice-president of Timis College of Physicians, Timisoara, Romania;
- Center for Preventive Medicine, "Victor Babeș" University of Medicine and Pharmacy, Timisoara, Romania;
- Coordinator of the Excellence Group of Ultrasound in Family Medicine at the Romanian National Society of Family Medicine, Bucuresti, Romania;
- MEMBER OF THE FAMILY MEDICINE SPECIALTIES COMMISSION OF THE ROMANIAN MINISTRY OF HEALTH. THE MINISTRY OF HEALTH.
- President of European Association for the Development of Clinical Ultrasonography in Ambulatory Health Care (Outpatient Health Care) ► EUVEKUS / EADUS, Vienna, Austria;

Networks and memberships

Memberships

MEMBER IN INTERNATIONAL SCIENTIFIC SOCIETIES:

1. EFSUMB (European Federation of Ultrasound in Medicine and Biology)
2. EGRPN (European General Practice Research).
3. EURACT (European Academy of Teachers in General Practice/Family Medicine)
4. Direct Member WONCA (The World Organization of National Colleges, Academies and Academic Associations of General Practitioners)
5. EUVEKUS (Europäische Vereinigung für die Entwicklung von Klinischen Ultraschalluntersuchungen im Ambulanten Gesundheitswesen / European Association for the Development of Clinical Ultrasonography in Ambulatory Health Care (Outpatient Health Care) ► EADUS in Vienna, Austria);

EDUCATION AND TRAINING

15 Sep 1984–15 Sep 1988	MEDICAL CARERS HIGH SCHOOL HEALTH, TIMISOARA (Romania)
15 Sep 1989–15 Sep 1995	GENERAL PRACTITIONER GP. VICTOR BABES UNIVERSITY OF MEDICINE AND PHARMACY, FACULTY OF GENERAL MEDICINE, TIMISOARA (Romania)
22 Oct 1998	FAMILY MEDICINE SPECIALIST PHYSICIAN Confirmation Order No. 1011/1998 , ROMANIA MINISTRY OF HEALTH (Romania)
3 Dec 2001	PEDIATRIC SPECIALIST PHYSICIAN (SECOND PROFESSIONAL) Confirmation Order No. 866 / 3.12.2001 , ROMANIA MINISTRY OF HEALTH (Romania)
29 Sep 2003	FAMILY MEDICINE SENIOR PHYSICIAN Confirmation Order No. 846/2003, ROMANIA MINISTRY OF HEALTH (Romania)
17 Jun 1998	COMPETENCE CERTIFICATE IN GENERAL ULTRASOUND Confirmation Order No. 3042/1998, ROMANIA MINISTRY OF HEALTH (Romania)
29 May 2003	COMPETENCE CERTIFICATE IN OCCUPATIONAL MEDICINE Confirmation Order no. 11512 / 29.05.2003 , ROMANIA MINISTRY OF HEALTH (Romania)
9 May 2005	COMPETENCE CERTIFIED AS TRAINER IN FAMILY MEDICINE. Confirmation Order no. 794 / 09.05.2005 , ROMANIA MINISTRY OF HEALTH (Romania)

PERSONAL SKILLS

Mother tongue(s) Romanian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C2	C1	C2	C2
German	C1	B2	C1	B1	B2

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages

Organisational / managerial skills

- Good communications skills, gained from my experience as a medical manager.
- Excellent interaction skills with children, acquired through volunteer work and pediatrician.
- Good organizational competence obtained as a medical manager for 20 years and I was responsible for organizing events, promoting health and medical presentations.
- Good leadership skills of a medical team. I am Vicepresident of Timis Society of Family Medicine.
- Good mentor as a medical instructor trainer. I am responsible for training residents in family medicine.

- I am teaching courses of General Ultrasound, in the Center of Excellence WFUMB Timisoara led by Prof. Dr. Ioan Sporea.
- I am the National Coordinator of the Ultrasound Working Group, and organizer of a number of medical conferences and workshops with the objective of promoting and developing the Ultrasonography in Primary Care.
- In 2016 we implemented a module of General Ultrasonography and established the Curriculum for the Residency of Family Medicine speciality.
- MEMBER OF THE FAMILY MEDICINE SPECIALTIES COMMISSION OF THE ROMANIAN MINISTRY OF HEALTH. THE ROMANIAN MINISTRY OF HEALTH - ORDINARY NO.1504 OF 19.12.2016. Advice of projects related to the development of family medicine speciality.
- Author and designer of the Thyroscreen Project and Smart Thyroid Ultrasound Software who use AI (Artificial Intelligence) presented in WONCA Copenhagen Conference on 2016.
- A good knowledge of Office package (Word, Xcell, Access, Power Point operator, processor, spreadsheet, presentation software, statistics).
- Best photo and video editing knowledge, gained from ultrasound courses.

Digital competence

ADDITIONAL INFORMATION

Last International Publications:

1. Ultrasound anomalies in digestive tube pathology on infants - Mihai Iacob, Georgescu R., Berinde L., Popa I., Popiști A. *Ultraschall in der Medizin. European Journal of Ultrasound*, S1 2008, iunie 2008
2. The role of triplex Doppler ultrasonography in diagnosis of malign abdominal tumors on infants. – Mihai Iacob, Berinde L., Popa I., *Ultraschall in der Medizin. European Journal of Ultrasound*, S1 2008, iunie 2008
3. The importance of color and pulsate Doppler in portal high blood pressure on infants. – Mihai Iacob, Georgescu R., Berinde L., Popa I., Popiști A., *Ultraschall in der Medizin. European Journal of Ultrasound*, S1 2008, iunie 2008
4. Importance of Doppler Triplex Ultrasound in the Diagnosis of Portal Hypertension in children.- Mihai Iacob, WFUMB EUROSON ULTRASCHALL 2011, Book of abstracts, SS39, Interactive Session-Paediatrics, s 76, p276 se, *Ultrasound in Medicine and Biology*, 13 th Congress of the World Federation, 26-29 august 2011, Vienna, Austria.
5. Contribution and limits of Power and Triplex Doppler Ultrasound in the diagnosis of abdominal tumours in children. - Mihai Iacob, WFUMB EUROSON ULTRASCHALL 2011, Book of abstracts, P280 se, Interactive Session-Paediatrics, s146, *Ultrasound in Medicine and Biology*, 13 th Congress of the World Federation, 26-29 august 2011, Vienna, Austria.
6. Contribution and limits of Power and Triplex Doppler Ultrasound in the diagnosis of abdominal tumours in children, Mihai Iacob, Abstract Book, P59, 18 th WONCA EUROPE CONFERENCE, AUSTRIA CENTER VIENNA, 4-7 IULIE 2012.
7. Contribution of Low Level Laser Therapy, in red and infrared spectrum, for treatments of rheumatic affections in general medical practice. Mihai Iacob, M. Ghiris, Abstract Book, P60, 18 th WONCA EUROPE CONFERENCE, AUSTRIA CENTER VIENNA, 4-7 IULIE 2012.
8. General triplex ultrasound as a screening method of newborns and infants in the family doctors office, Mihai Iacob, - 20th WONCA World Conference Prague 2013, Book of abstracts, p.1692.
9. The role of low power laser therapy L.L.L.T. associated with lumbar paravertebral steroid infiltrations in treatment of low back pain in family medicine, Mihai Iacob, S. Saftescu, - 20th WONCA World Conference Prague 2013, Book of abstracts p.741.
- The role of Power and Triplex Doppler ultrasound, in detection, assessment and monitoring peripheral and deep adenopathy to the child, Mihai Iacob, 20th WONCA World Conference Prague 2013, Book of abstracts, p.311.
10. Power and Triplex Doppler ultrasound as a method of early diagnosis of infections with Epstein Barr virus and cytomegalovirus in children, Mihai Iacob, Ghiris M., Juganaru M., - *Ultraschall in der Medizin, European Journal of Ultrasound*, September 2013, Volume 34, S1 2013, Supplement 25th Congress of the European Federation of Societies for Ultrasound in Medicine and Biology (EFSUMB), October 9-12, 2013 Stuttgart, Germany, P.81.
11. General triplex ultrasound (abdominal, cardiac, thyroid, head and hip joint) as a screening method of newborns and infants in the pediatrics and family doctors office, Mihai Iacob, *Ultraschall in der Medizin, European Journal of Ultrasound*, September 2013, Volume 34, S1 2013, Supplement 25th Congress of the European Federation of Societies for Ultrasound in Medicine and Biology (EFSUMB), October 9-12, 2013 Stuttgart, Germany, P.82.
12. Low Level Laser Therapy in the treatment of venous active ulcers by general practitioners, Mihai Iacob, *New Routes for General Practice and Family Medicine*, 19th Wonca Europe Conference, Abstract Book, 2-5 July 2014, Lisbon, Portugal, Practice 224, P.450.
13. Doppler Ultrasound as an oncology screening method for detection of hypervascular tumors and analysis of tumor vasculature by GPs, Mihai Iacob, Mihai Ghiris, Sorina Saftescu, *New Routes for General Practice and Family Medicine*, 19th Wonca Europe Conference, Abstract Book, 2-5 July 2014, Lisbon, Portugal, Practice 1517, P.502.
14. Doppler Ultrasound as a method of early diagnosis of infection with Epstein Barr virus and Cytomegalovirus in children and adolescents by GPs, Mihai Iacob, Mihai Ghiris, *New Routes for General Practice and Family Medicine*, 19th Wonca Europe Conference, Abstract Book, 2-5 July 2014, Lisbon, Portugal, Research 319, P.604.

15. Management of moderate and severe knee osteoarthritis, to obese patients over 60 years, with local steroid infiltration and association with low power laser therapy (L.L.L.T) versus physical therapy, Mihai Sorin Iacob, Sorina Saftescu, European General Practice Research Network Conference Barcelona Spain, 8th - 11st May 2014, THEME: Preventive Activities in Primary Care; an approach from clinical and health services research, Scientific Programme, Presentation 67, P.93.
16. Socioeconomic impact of venous active ulcers and modern treatment with Low Level Laser Therapy (L.L.L.T.) in red and infrared spectrum versus UVA Phototherapy by general practitioners, Mihai Sorin Iacob, Sorina Saftescu, Sorina Verebes, Madalina Gligor, Mihai Ghiris, European General Practice Research Network Conference, Heraklion (Crete) Greece, 23rd -26th October, 2014, Plenary Session, Theme Paper Presentation 28, P.50.
17. Pre-conference Workshop "New Methods and Techniques in Clinical Ultrasonography", Chairs: Prof. Ioan Sporea, Dr. Mihai Iacob, Dr. Alina Popescu, (Romania), in: "Pius Branzu" - conference room – ground floor, European General Practice Research Network, Timisoara – Romania, 7th – 10th May, 2015, SCIENTIFIC and SOCIAL PROGRAMME, THEME: "Research into New Methods and Techniques in Primary Care", P.9
18. New methods as: High Intensity Laser Therapy (HILT) versus Low Level Laser Therapy (LLLT) associated with Trigger Point Injections (TPI) in treatments of chronic nonspecific low back pain and sciatica, available for the family doctors practice, Mihai Sorin Iacob (Romania), "New Methods" Parallel session - 3 Theme Papers – in: Sala Roma, European General Practice Research Network, Timisoara – Romania, 7th – 10th May, 2015, SCIENTIFIC and SOCIAL PROGRAMME, THEME: "Research into New Methods and Techniques in Primary Care", P.28.
19. Theme: "Development of research in primary care in Romania", National Keynote Speaker Abstract- Mihai Iacob, 7th – 10th May, 2015, SCIENTIFIC and SOCIAL PROGRAMME, THEME: "Research into New Methods and Techniques in Primary Care", P.23.
20. Perspectives of the thyroid ultrasound screening using TIRADS classification (Thyroid Image Reporting and Data System Classification) along with Real Time Elastography, in neighboring regions affected after radioactive disasters, by family doctors, Mihai Iacob, Sorina Saftescu, Madalina Gligor, Mihai Ghiris, PRESENTATION 38, European General Practice Research Network, Timisoara – Romania, 7th – 10th May, 2015, SCIENTIFIC and SOCIAL PROGRAMME, THEME: "Research into New Methods and Techniques in Primary Care", P.62
21. The necessity to thyroid ultrasound screening using TIRADS classification and Strain Elastography, in neighboring countries affected after Chernobyl radioactive disaster - Mihai Iacob, OP-227 , 20th WONCA EUROPE CONFERENCE- ISTANBUL- 22-25 octombrie 2015 cu tema "Being Young Staying Young", P.407-408.
22. Modern management of severe knee osteoarthritis with low power lasertherapy (L.L.L.T) associated with local steroid infiltration versus conventional therapy by GPs. - Mihai Sorin Iacob, Sorina Saftescu, Adriana Carpinisan, P-1056 , 20th WONCA EUROPE CONFERENCE- ISTANBUL- 22-25 octombrie 2015 cu tema "Being Young Staying Young" P 1687-1691.
23. Comparative Trial between High Intensity Lasertherapy (HILT) versus Low Power Lasertherapy (LLLT) associated with Trigger Point Injections in treatments of chronic low back pain. Mihai Sorin Iacob, Sorina Saftescu, Madalina Gligor , P-1067 , 20th WONCA EUROPE CONFERENCE- ISTANBUL- 22-25 octombrie 2015 cu tema "Being Young Staying Young" , P 1710-1718.
24. The importance of performing Thyroid Doppler Ultrasound Screening using TIRADS classification (Thyroid Image Reporting and Data System Classification) along with Strain Elastography, in neighboring countries affected after radioactive disaster from Chernobyl. Mihai Iacob, Sorina Saftescu, Mihai Ghiris, Madalina Gligor, P034, 27th Congress of the European Federation of Societies for Ultrasound in Medicine and Biology (EFSUMB), Euroson 2015, Athens, November 06-08, P.47
25. Doppler Ultrasound along with Strain Elastography as oncology screening methods for detection of the hypervascular tumors with the possibility of analysis of tumor vasculature and stiffness for malignancy, Mihai Iacob*, M. Ghiris, S. Saftescu, M. Gligor, P104, 27th Congress of the European Federation of Societies for Ultrasound in Medicine and Biology (EFSUMB), Euroson 2015, Athens, November 06-08, P.47.
26. The General Ultrasonography as an Experimental Oncological Screening and a comparative statistical analysis of different type of ultrasound methods (Triplex Doppler or Strain Elastography) who can be significant in primary care, Mihai Iacob, M. Ghiris, S. Saftescu, EGPRN Spring Meeting, Tel Aviv-Jaffa (Israel), 20th -24th May 2016, THEME: "Research on Medical Overuse: Overdiagnosis and Overtreatment in Family Medicine and Primary Care", Scientific Programme, id39, P.81.
27. The Point of care ultrasonography (POC-US) in family medicine - present and perspectives. W29 – Workshop, Mihai Iacob, Adrian Saftoiu, Calin Bumbulut, Remus Georgescu, Radu Badea, WONCA Europe Conference, 15 – 18 th June, Copenhagen, Denmark. Book of Abstracts, P. 173.
28. A new computerized diagnostic algorithm for performing thyroid ultrasound screening by the family doctors, OP31.5- Oral Presentation, Mihai Iacob, M Ghiris, S Saftescu, M Stoican, WONCA Europe Conference, 15 – 18 th June, Copenhagen, Denmark. Book of Abstracts, P.451.
29. Vascular ultrasound screening of subclinical arteriosclerosis alongside with assessment of vulnerability in plaque evolution towards thromboembolic complications through the strain- elastography, PS1.120 – Poster Presentation, Mihai Iacob, S Saftescu, M Ghiris, M Stoican, WONCA Europe Conference, 15 – 18 th June, Copenhagen, Denmark. Book of Abstracts, P.873.
30. The general ultrasonography as an experimental oncology screening and a comparative statistical analysis of different type of ultrasound methods (Triplex Doppler or Strain Elastography) who can be significant in primary care. PS2.125, Mihai Iacob, M Ghiris, S Saftescu, WONCA Europe Conference, 15 – 18 th June, Copenhagen, Denmark. Book of Abstracts, P.1189.
31. The Point of care ultrasonography (PoC-US) in family medicine- present and perspective. Mihai Iacob, Radu Badea, Calin Bumbulut, Razvan Miftode, EURACT Educational Conference, Dublin, Ireland. 8th -10th September 2016 . Abstract Book. P. 54.

32. A new computerized diagnostic algorithm named -The Thyroid Smart Ultrasound Software- for performing the thyroid ultrasound screening by family doctors. Mihai Iacob, Razvan Miftode, Calin Bumbulut, EURACT Educational Conference, Dublin, Ireland. 8th -10th September 2016. Abstract Book. P.55.
33. The Smart Thyroid Ultrasound Software - a computerized diagnostic algorithm for performing thyroid ultrasound screening as an experimental study and a comparative statistical analysis of different type of ultrasound methods (Triplex Doppler or Strain Elastography). Full Oral Presentation. European General Practice Research Network Conference, Leipzig-Germany, 12th -16th October, 2016. SCIENTIFIC and SOCIAL PROGRAMME with THEME: "General Practice/Family Medicine in a Changing World". id24. Mihai Iacob (Romania). P.37
34. Ultrasonographical diagnosis of subclinical atherosclerosis and assessment of vulnerability at atheromatous plaques with the Strain Elastography in primary care, Mihai Iacob, Madalina Stoican, Ana Remes, European General Practice Research Network Conference, Riga-Latvia, 11th -14th May, 2017, SCIENTIFIC and SOCIAL PROGRAMME, THEME: "Reducing the Risk of Chronic Diseases in General Practice/Family Medicine", Abstracts Book, FREESTANDING PAPER, PRESENTATION 7, Id 36, p.36.
35. Results of the European Survey regarding the Point of Care Ultrasonography applications in the GPs practice, and an experimental Emergency Ultrasound Screening related to their applicability in primary care. Mihai Iacob, Remus Georgescu, Madalina Stoican, Ana Remes, Calin Bumbulut, European General Practice Research Network Conference, Riga-Latvia, 11th -14th May, 2017, SCIENTIFIC and SOCIAL PROGRAMME, THEME: "Reducing the Risk of Chronic Diseases in General Practice/Family Medicine", Abstracts Book, FREESTANDING PAPER, Id27, p.37.
36. Results of a European Survey and an experimental screening regarding to the Point of Care Ultrasonography applications in Family Medicine. Presenting author: IACOB Mihai, Abstract ID: 531, ORAL PRESENTATION, DAY: Thursday, June 29, 2017, SESSION: OC / 2.14.Information and technology, SESSION TIME: from 8:30 to 9:45, The 22nd WONCA Europe Conference, Prague, Czech Republic, 28/06/2017-01/07/2017.
37. Contribution and limits of the Thyroid Ultrasonography as Triplex Doppler Ultrasound or Strain Elastography in Primary Care, Presenting author: IACOB Mihai, Abstract ID: 535, ORAL COMMUNICATION, DAY: Thursday, June 29, 2017, SESSION: OC / 2.14.Information and technology, SESSION TIME: from 8:30 to 9:45, The 22nd WONCA Europe Conference, Prague, Czech Republic, 28/06/2017-01/07/2017.
38. Ultrasonographical diagnosis of subclinical atherosclerosis and assessment of vulnerability at atheromatous plaques with the Strain Elastography in primary care. Presenting author: IACOB Mihai, Abstract ID: 530, ORAL PRESENTATION, DAY: Friday, June 30, 2017, SESSION: OC / 3.2.Cardiovascular disease. SESSION TIME: from 16:30 to 17:45, The 22nd WONCA Europe Conference, Prague, Czech Republic, 28/06/2017-01/07/2017.
39. Organization of the healthcare system in Europe: what facilitates & what impedes the delivery of effective primary care Multi-national Symposium (Mehmet Ungan / Christos Lionis/ Mihai Iacob), EGPRN Workshop 2.1. Primary care policy, Thursday 29 June 2017, The 22nd WONCA Europe Conference, Prague, Czech Republic, 28/06/2017-01/07/2017.
39. Results of the European Survey regarding the Point of Care Ultrasonography applications in the GPs practice, and an experimental Emergency Ultrasound Screening related to their applicability in primary care. Mihai Iacob, Selected Oral Presentation 1166, EMERGENCY/THORAX/ANESTHESIA - POVODNI 1, Emergency Ultrasound 1. 29th Congress of EFSUMB, EUROSON 2017, September 22-25, 2017, Ljubljana Exhibition and Convention Center, Ljubljana, Slovenia, FINAL PROGRAM, p 2.
40. Ultrasonographical diagnosis of subclinical atherosclerosis and assessment of vulnerability at the atheromatous plaques with the strain elastography in primary care, Mihai Iacob, Ultrasound Learning Center, Selected Oral Presentation 1167, 29th Congress of EFSUMB, EUROSON 2017, September 22-25, 2017, Ljubljana Exhibition and Convention Center, Ljubljana, Slovenia, FINAL PROGRAM, p 12.
41. A comparative Randomized Controlled Trial among High-Intensity Lasertherapy (HILT) versus Low Power Lasertherapy (LLLT) associated with Steroid Joint Injections in the treatment of Frozen Shoulder or adhesive capsulitis in Primary Care, Mihai Iacob, Freestanding Paper / Finished study, Abstracts / Programme Book of the 85th EGPRN Meeting, Dublin-Ireland, 19-22 October 2017, p 43.
42. A new comparative Randomized Controlled Trial among High-Intensity Lasertherapy (HILT) versus Low Power Lasertherapy (LLLT) associated with Steroid Joint Injections in the treatment of Frozen Shoulder or adhesive capsulitis in Primary Care, Mihai Iacob, abstract 0204, oral presentation, Session VI, Room room I/ICE, 23rd Wonca Europe Conference 2018, Krakow.
43. The Head (Cranial/Brain) Ultrasonography as an experimental screening at the newborns and babies with high-risk of hypoxic-ischemic brain injury and association with subsequent neuropsychiatric disorders of these patients follow-up at the family doctor's level, Mihai Iacob, poster presentation, 23rd Wonca Europe Conference 2018, Krakow.
44. An Experimental Ultrasound Screening for the early diagnosis of Developmental Dysplasia of the Hip (DDH) targeted at infants with risk factors, conducted by the Family Physicians. Mihai Iacob, oral presentation, Sesion XI, room H/ICE, 23rd Wonca Europe Conference 2018, Krakow.
45. Thyroid ultrasonography at the family doctor practice - „Thyroscreen Project”, Workshop 1, Mihai IACOB, Mateusz KOSIAK, Prof. Adrian SAFTOIU, Dana STOIAN, Remus GEORGESCU, EUROSON CONFERENCE6-9.09.2018, Poznan, Poland, EFSUMB ABSTRACT BOOK, p.77.
46. An experimental ultrasound screening for the early diagnosis of developmental dysplasia of the hip (DDH) targeted at infants with risk factors, conducted by the family physicians, Autors: Dr. Mihai IACOB, EUROSON CONFERENCE6-9.09.2018, Poznan, Poland, EFSUMB ABSTRACT BOOK, p.8.
47. The Applications of „Point of Care Ultrasonography” (PoC-US) in Family Medicine: an experimental FOCUS (Focused Cardiac UltraSound) Screening or Basic Cardiac Ultrasound for non-cardiologists known under the acronyms of: Rapid Cardiac Assessment (RCA), Mihai IACOB, Ana REMES, Madalina STOICAN, EUROSON CONFERENCE6-9.09.2018, Poznan, Poland, EFSUMB ABSTRACT BOOK, p.70.
48. The ultrasound diagnosis of Frozen Shoulder by the Family Physicians, and a comparative Randomized Controlled Trial among High-Intensity Lasertherapy (HILT) versus Low Power Lasertherapy (LLLT) associated with Steroid Joint Injections in the treatment of the shoulder adhesive capsulitis. Mihai IACOB, The EURACT Medical Education Conference 2018, September 21st -22nd 2018 “Family medicine education in the real world: from theory into practice” ABSTRACT BOOK, p.83

49. Applications of "Point of Care Ultrasonography" (PoC-US) in Family Medicine: an experimental FOCUS (Focused Cardiac UltraSound) Screening or Basic Cardiac Ultrasound for non-cardiologists known under the acronyms of: Rapid Cardiac Assessment (RCA), RACE (Rapid Assessment Cardiac Echocardiography) and FADE (Focused Assessment Diagnostic Echocardiography), Mihai IACOB, Ana REMES, Madalina STOICAN, The EURACT Medical Education Conference 2018, September 21st -22nd 2018 "Family medicine education in the real world: from theory into practice" ABSTRACT BOOK, p85
50. The Applications of "Point of Care Ultrasonography" (PoC-US) in Family Medicine: an experimental FOCUS (Focused Cardiac UltraSound) Screening or Basic Cardiac Ultrasound for non-cardiologists known under the acronyms of: Rapid Cardiac Assessment(RCA), Mihai Iacob, Ana Remes, Madalina Stoican, Betina Ionescu, Presentation on 05/10/2018 14:10 in "Parallel Session C - Theme Papers" by Mihai Iacob, Abstract Book of the 87th EGPRN Meeting, Sarajevo-Bosnia and Herzegovina, 4-7 Oct 2018, p22.
51. US Workshop: Uses of POCUS in primary care - Dr. Mihai-Sorin Iacob, European Association for the Development of Clinical Ultrasonography in Ambulatory Health Care (in English), [Local Conference Session E] Parallel Workshops, 8th EURIPA Rural Health Forum Programme Book, p.6.
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3. Atlas of Thyroid Ultrasound Images – year 2022 – EDITURA MEDICALA, Editor: Mihai-Sorin Iacob, Authors: Mihai Sorin Iacob, Octavian Neagoe, Mihaela Ionica, ISBN 978-973-39-0924-8

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Honours and awards

- Awards of The Romanian Society for Ultrasound in Medicine and Biology, in EUROSON 2008 and EFSUMB AWARDS 2008: *SRUMB prize for the best oral presentation*, awarded to Dr. Mihai Iacob for paper presented at the International Conference EUROSON 2008: "Ultrasound abnormalities in the digestive tube pathology in infants".
- *Third Prize for Oral Communication* to The Romanian National Congress of Family Medicine, Seventh Edition, 13-16 September 2012, held in Timisoara for the paper "Doppler Triplex Ultrasound as a useful method in recording and tracking portal Hypertension".
- Honorary Diploma for outstanding achievements in the development of family medicine and involvement in Timis Society of Family Medicine at The Romanian Congress of Family Medicine, Timisoara, 13-16 September 2012.
- *Prize for the best Oral Communication and Poster*, at The Romanian National Conference of Pediatrics, "Emergency pediatric and chronic illness in children", held in Bucharest, 3-6 April 2013, for paper : "Doppler Ultrasound in the diagnosis of abdominal tumors in children", Dr. Mihai Iacob, Dr. I. Popa, Dr. M. Ghiris, supported by Mihai Sorin Iacob.
- Honorary Diploma for outstanding contribution as the National Coordinator of UWG and guest lecturer at the scientific sessions of the National Congress of the Society of Family Medicine, 8th Edition, IASI, 26-29 October 2016.
- Diploma of Excellence, Practical and Holistic Approach to the Family Medicine, In recognition of the contribution made to Romanian medical education and support of the development of medical practice, 8-9 June 2017, Timisoara, Mihai Iacob - Lecturer of Medic.ro Conference.
- Diploma of honor, for the special contribution as National Coordinator of the MF Ultrasound Excellence Group and invited lecturer at the scientific works of the FAMILY DOCTOR'S DAY NATIONAL CONFERENCE, JULY 4-7, 2018, SIBIU.
- Diploma of honor, for outstanding scientific contribution, as a lecturer, at the national conference Family Doctor's Day, Family Medicine - holistic, patient-centered approach, Targul Mures, May 16-18, 2019.
- Diploma of Honor, for outstanding contribution as a lecturer of the URGEMED XI Course, Bucharest, June 6-7, 2019.
- Honorary Diploma, for the special contribution made, as a speaker, to the support of the Conference Interdisciplinary Collaboration for the healthy future of the population, 20 years of health reform, Pitesti, Univ. C. Brincoveanu, 24-27 October 2019.
- Diploma of Excellence, in recognition of the contribution made to Romanian medical education and the support of the development of medical practice, as a lecturer of the Medic.ro Conference, Prevention, therapeutic approach and communication in Family Medicine, held online in Timisoara, 16 - June 17, 2021.
- WONCA Europe Montegut Scholar 2023 the Montegut Global Scholar 2023 from the WONCA Europe region with approval of the American Board of Family Medicine.

National and International Publications

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3. Particularități terapeutice și evolutive ale cirozei hepatice la diabetici C. Tudor, I. Romoșan, L. Șușan, Mihai Iacob.- Zilele Academice Timișoara 22-25 mai 1997.
4. Diagnosticul și tratamentul actual al gastroparezei diabetice C. Tudor, I. Romoșan, L. Șușan, Mihai Iacob- Al XIII-lea Congres Național de Diabet, Nutriție și Boli Metabolice, Acta Diabetologica Română, vol. 23, nr. 1-2, 1997, p. 60.
5. Posibilități evolutive post terapeutice ale diabeticii cu arteriopatie la membrele inferioare C. Tudor, I. Romoșan, Mihai Iacob, L. Șușan, - Al XIII-lea Congres Național de Diabet, Nutriție și Boli Metabolice, Acta Diabetologica Română, vol. 23, nr. 1-2, 1997, p. 60.
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72. Noul concept de ECOGRAFIA CLINICĂ în practica MF - Actualități în ecografia generală (Strain Elastography SE și Shear-Wave Elastography SWE) și utilizarea lor în cabinetul MF - Rolul elastografiei ca metoda modernă de diagnostic diferențial al adenopatiilor superficiale – studiu comparativ prospectiv. Mihai Iacob, Mihai Ghiris, Săftescu Sorina, Madalina Gligor, Adriana Cărpinișan - Sesiune Plenara - Grupul de Inițiativă pentru Grupul de Ecografie, Moderatori Mihai Iacob, Viorela Enăchescu, Conferinta Nationala de Medicina de Familie, Editia XI-a, Bucuresti 25-28 Martie 2015. p.15-16
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145. Ecografia Clinică în practica medicului de familie - Actualități și perspective. Noul curriculum de pregătire de Ultrasonografie în specialitatea de Medicină de Familie, Sesiunea Grupului Ecografia-MF, Moderator - Mihai Iacob, Evaluarea Cardiacă Rapidă - Ecografia cardiacă elementară pentru necardiologi. Mihai Iacob, p.13.
146. A new comparative Randomized Controlled Trial among High-Intensity Lasertherapy (HILT) versus Low Power Lasertherapy (LLLT) associated with Steroid Joint Injections in the treatment of Frozen Shoulder or adhesive capsulitis in Primary Care, Mihai Iacob, abstract 0204, oral presentation, Session VI, Room room I/ICE, 23rd Wonca Europe Conference 2018, Krakow.
147. The Head (Cranial /Brain) Ultrasonography as an experimental screening at the newborns and babies with high-risk of hypoxic-ischemic brain injury and association with subsequent neuropsychiatric disorders of these patients follow-up at the family doctor's level, Mihai Iacob, poster presentation, 23rd Wonca Europe Conference 2018, Krakow.
148. An Experimental Ultrasound Screening for the early diagnosis of Developmental Dysplasia of the Hip (DDH) targeted at infants with risk factors, conducted by the Family Physicians. Mihai Iacob, oral presentation, Sesiunea XI, room H/ICE, 23rd Wonca Europe Conference 2018, Krakow.
149. The rapid cardiac assessment RCA - basic cardiac ultrasound for non-cardiologists, MIHAI IACOB, A 21-a Conferința a Societății Române de Ultrasonografie în Medicină și Biologie, Carte de Rezumate, 17-19 Mai, 2018, Brasov, Hotel Kronwell, p.39-42.
150. The head (cranial /brain) ultrasonography as an experimental screening at the newborns and infants with high-risk of hypoxicischemic brain injury, finding the correlation with subsequent neuropsychiatric disorders and follow-up at the primary care level, MIHAI IACOB, A 21-a Conferința a Societății Române de Ultrasonografie în Medicină și Biologie, Carte de Rezumate, 17-19 Mai, 2018, Brasov, Hotel Kronwell, p.87-88.
151. An experimental ultrasound screening for the early diagnosis of developmental dysplasia of the hip (DDH) targeted at infants with risk factors, conducted by the family physicians, MIHAI IACOB, A 21-a Conferința a Societății Române de Ultrasonografie în Medicină și Biologie, Carte de Rezumate, 17-19 Mai, 2018, Brasov, Hotel Kronwell, p.89-90.
152. Presentation of the „thyro-screen project” - the first interdisciplinary integrated thyroid screening substantiated on the final results of the monocentric study in the western region of Romania achieved through a smart computerized diagnostic algorithm used to stratify the risk of thyroid pathology at primary care level, MIHAI IACOB, ANA REMES, MADALINA STOICAN, BETINA IONESCU, A 21-a Conferința a Societății Române de Ultrasonografie în Medicină și Biologie, Carte de Rezumate, 17-19 Mai, 2018, Brasov, Hotel Kronwell, p.91-93.
153. The experimental ultrasound diagnosis of subclinical atherosclerosis and assessment of vulnerability to atheromatous plaques with the Strain Elastography and Doppler Triplex in primary care, MIHAI IACOB, ANA REMES, MADALINA STOICAN, A 21-a Conferința a Societății Române de Ultrasonografie în Medicină și Biologie, Carte de Rezumate, 17-19 Mai, 2018, Brasov, Hotel Kronwell, p.94-95.
154. Applications of "the Point of Care Ultrasonography" (POC-US) in family medicine: rapid cardiac assessment (RCA) or basic cardiac ultrasound for non-cardiologists known under the acronyms of: FOCUS (focused cardiac ultrasound), RACE (rapid assessment cardiac echocardiography) and FADE (focused assessment diagnostic echocardiography), MIHAI IACOB, ANA REMES, MADALINA STOICAN, A 21-a Conferința a Societății Române de Ultrasonografie în Medicină și Biologie, Carte de Rezumate, 17-19 Mai, 2018, Brasov, Hotel Kronwell, p.96-98.
155. Studiu experimental de aplicații de ecocardiografie clinică în practica medicului de familie: Evaluarea Cardiacă Rapidă sau ecografia cardiacă elementară pentru necardiologi, Mihai Iacob, Sesiunea Grupurilor de Lucru Ecografia-MF, Moderator: Mihai Iacob, Mateusz Kosiak, Program științific, Conferința Națională - Ziua medicului de familie, Medicină de familie – abordare holistică, centrată pe pacient, 4-7 iulie 2018, Sibiu.
156. Ecografia Doppler Triplex alături de Strain Elastografie ca metode de diagnostic a aterosclerozei subclinice la pacienții asimptomatici, cu profil lipidic cu risc crescut în cabinetul medicului de familie, Mihai Iacob, Sesiunea Grupurilor de Lucru Ecografia-MF, Moderator: Mihai Iacob, Mateusz Kosiak, Program științific, Conferința Națională - Ziua medicului de familie, Medicină de familie – abordare holistică, centrată pe pacient, 4-7 iulie 2018, Sibiu.
157. FAMILY PHYSICIAN'S EXPERIENCE WITH ADVANCED TECHNIQUES: AN EXAMPLE FROM ROMANIA, Speaker: Iacob Mihai Sorin, the 8th International Trakya Family Medicine Congress, TAHEK, held on 6-10 March 2019 in Edirne, Turkey, Program Book, p.1.
158. ECOGRAFIA CLINICA DE PRIM CONTACT CU PACIENTUL IN PRACTICA ZILNICA A MEDICULUI DE FAMILIE: ACTUALITATI SI PERSPECTIVE, SESIUNEA STIINTIFICA A GRUPULUI DE EXCELENTA ECOGRAFIA MF, MODERATOR, Dr. Mihai Iacob, Program Stiintific, Editia a XV-a, Conferința de Medicină Familiei, 28-31 Martie, 2019, București, p.21-22.
159. Point of Care Ultrasonography in Family Doctors practice. Notiuni Elementare de ecografie tiroidiana pentru practica medicului de familie si prezentarea unui algoritm de diagnostic inteligent ca un mijloc de suport de clasificare a riscului patologiei tiroidiene difuze si focale. Notiuni introductive de Strain Elastografie in practica medicului clinician. Grupul de Excelenta Ecografia MF, Mihai Iacob, Octavian Neagoe, Mihaela Ionica, Workshop, Sediul Camerei de Comerț și Industrie a României, Program Stiintific, Editia a XV-a, Conferința de Medicină Familiei, 28-31 Martie, 2019, București, p.25.
160. THE POINT OF CARE PEDIATRIC ULTRASONOGRAPHY IN FAMILY DOCTORS PRACTICE. HIP ULTRASOUND SCREENING OF INFANTS IN PRIMARY HEALTHCARE - REALITY OR UTOPIA?, Mihai Iacob, ACTA MEDICA MARISIENSIS- Official publications of the University of Medicine, Pharmacy and technology of Targul Mures, Volume 65, Supplement 5, 2019, The XXII National Conference of the Romanian Society of Ultrasound in Medicine and Biology (SRUMB), May 9-11, 2019, Targul Mures, Romania, Book of Abstracts, p.34.
161. USE OF THE FOCUS (FOCUSED CARDIAC ULTRASOUND) SCREENING OR RAPID CARDIAC ASSESSMENT (RCA) AT THE HIGH RISK PATIENTS IN PRIMARY HEALTHCARE. UPDATES AND PERSPECTIVES, Mihai IACOB, Ana REMES, Madalina STOICAN, ACTA MEDICA MARISIENSIS- Official publications of the University of Medicine, Pharmacy and technology of Targul Mures, Volume 65, Supplement 5, 2019, The XXII National Conference of the Romanian Society of Ultrasound in Medicine and Biology (SRUMB), May 9-11, 2019, Targul Mures, Romania, Book of Abstracts, p.35.
162. THE THYROSCREEN PROJECT - AN INTERDISCIPLINARY THYROID ULTRASOUND SCREENING, REPRESENTED A POC-US THYROID STUDY IN HIGH-RISK POPULATIONS AND USES OF AN INTELLIGENT DIAGNOSTIC ALGORITHM BY THE FAMILY PHYSICIANS WITH THE AIM OF RISK STRATIFICATION IN THYROID PATHOLOGY INTEGRATED WITH HISTOPATHOLOGICAL RESULTS, IACOB Mihai, , ACTA MEDICA MARISIENSIS- Official publications of the University of Medicine, Pharmacy and technology of Targul Mures, Volume 65, Supplement 5, 2019, The XXII National Conference of the Romanian Society of Ultrasound in Medicine and Biology (SRUMB), May 9-11, 2019, Targul Mures, Romania, Book of Abstracts, p.35.
163. AN EXPERIMENTAL ULTRASOUND KIDNEY SCREENING ON THE DIABETES PATIENTS TO ANALYZE THE CLINICAL-ULTRASONOGRAPHIC CORRELATION AMONG MODIFIED GLOMERULAR FILTRATION RATE IN CHRONIC KIDNEY DISEASE AND RENAL STIFFNESS WITH STRAIN ELASTOGRAPHY BY THE FAMILY PHYSICIANS, M. Iacob 1,2, M. Stoican 3, A. Remes3, ACTA MEDICA MARISIENSIS - Official publications of the University of Medicine, Pharmacy and technology of Targul Mures, Volume 65, Supplement 5, 2019, The XXII National Conference of the Romanian Society of Ultrasound in Medicine and Biology (SRUMB), May 9-11, 2019, Targul Mures, Romania, Book of Abstracts, p.36.
164. THE LOG BOOK FOR FAMILY MEDICINE TRAINING - FEEDBACK ON THE IMPLEMENTATION PROCESS, Neculau Andrea, Enachescu Viorela, Florea Mira, Balan Anca, Iancu Adela, Dumitrescu Madalina, Iacob Mihai, ACTA MEDICA MARISIENSIS - Official publications of the University of Medicine, Pharmacy and technology of Targul Mures, Volume 65, Supplement 4, 2019, The National Conference DAY OF THE FAMILY DOCTOR, Family Medicine a Holistic Approach Centered on the Patient, May 15-18, 2019, Targul Mures, Romania, Book of Abstracts, p.7.
165. Diagnosticul precoce ecografic al patologiei oncologice in practica medicului de familie. Screeningul oncologic ecografic in medicina primara intre mit si realitate. Oral Presentation, Mihai Iacob, Sesiunea Grupului de Lucru Ecografia MF, The National Conference DAY OF THE FAMILY DOCTOR, Family Medicine a Holistic Approach Centered on the Patient, May 15-18, 2019, Targul Mures, Romania, Book of Abstracts, p.33.

166. Proiectul Thyroscreen - Un screening ecografic tiroidian integrat pluridisciplinar la populația cu risc crescut realizat în medicina primară. Diagnosticul precoce al patologiei tiroidiene focale maligne în cabinetul medicului de familie. Oral Presentation, Mihai Iacob, Sesiunea Grupului de Lucru Ecografia MF, The National Conference DAY OF THE FAMILY DOCTOR, Family Medicine a Holistic Approach Centered on the Patient, May 15-18, 2019, Targul Mures, Romania, Book of Abstracts, p.33.
167. Sesiune LIVE - Prezentarea unui screening oncologic ecografic general în timp real. Oral Presentation, Mihai Iacob, Sesiunea Grupului de Lucru Ecografia MF, The National Conference DAY OF THE FAMILY DOCTOR, Family Medicine a Holistic Approach Centered on the Patient, May 15-18, 2019, Targul Mures, Romania, Book of Abstracts, p.33.
152. Ecocardiografie practică pentru medicul de familie. Sesiune organizată printr-un grant educațional Philips. Experti: Prof. Dr. Dragoș Vinereanu, Dr. Sorina Mihăilă, Formator MF: Dr. Mihai Iacob, CURS NATIONAL URGEMED 11, 6-7 Iunie 2019, BUCUREȘTI, Program Book, p. 2
168. Ecografia cardiacă rapidă sau FOCUS în practica MF, Dr. Mihai Iacob, Sesiunea Grupului de Lucru de Ecografie în Medicina de Familie, Conferința Națională de Medicina Familiei, Pitești 23-27 octombrie 2019.
169. Sesiunea Grupului de Lucru de Ecografie în Medicina de Familie, Dr. Mihai Iacob, Oral Presentation, Conferința Națională de Medicina Familiei, Pitești, 23-27 octombrie 2019.
170. The 90th EGPRN Meeting, Sweden, „A prospective observational cross sectional study with Focused cardiac ultrasound (FOCUS) conducted by the family physicians at patients with a high risk of cardiovascular diseases” Freestanding Oral Paper presentation Author: Dr. Mihai Iacob, Sat, 17 October 2020 12:15 - 13:35 (CET) - Parallel Session G - Freestanding Papers: Miscellaneous, Abstracts / Abstract Book of the 90th EGPRN Meeting, Virtual, 16-17 October 2020, Pag.37, <<https://www.egprn.org/file/61e8b756-a196-4e7d-84dd-a19b6968b8ab/Abstract-Book-of-the-90th-EGPRN-Meeting-Virtual-16-17-October-2020.pdf>>
171. Congresul Național de Medicina Familiei, Ediția a IX-a online, 28.10- 1.11.2020, Volum de rezumate, ISBN 978-606-8463-70-4, 31 OCTOMBRIE- SESIUNEA GRUPULUI DE EXCELENȚĂ ECOGRAFIA ÎN MEDICINA DE FAMILIE, Nr. 1. FEPO SAU „METODA DE EXAMINARE RAPIDĂ A ORGANELOR PARENCHIMATOASE” PRINTR-UN SCREENING ECOGRAFIC GENERAL ONCOLOGIC MULTIPARAMETRIC (SCARA GRI, DOPPLER, ELASTOGRAFIA, 4D, CEUS) EXPERIMENTAL ȘI GHIDAT PRIN INTELIGENȚA ARTIFICIALĂ LA POPULAȚIA CU RISC ONCOLOGIC RIDICAT, PENTRU DIAGNOSTICUL PRECOCE AL LEZIUNILOR FOCAL MALIGNE ÎN ASISTENȚA MEDICALĂ PRIMARĂ: Mihai Iacob1,2 - 1 Grupul de Excelență Ecografia în Medicina de Familie al Societății Naționale de Medicina Familiei 2 European Association for the Development of Clinical Ultrasonography in Ambulatory Health Care (Outpatient Health Care). EUVEKUS/EADUS, Pag. 58-59. <<https://cnmf.mediamed.ro/volum-rezumate/>> <<https://cnmf.mediamed.ro/wp-content/uploads/2020/12/Volum-rezumate-Congres-SNMF-2020.pdf>>
172. Congresul Național de Medicina Familiei, Ediția a IX-a online, 28.10- 1.11.2020, Volum de rezumate, ISBN 978-606-8463-70-4, 31 OCTOMBRIE- SESIUNEA GRUPULUI DE EXCELENȚĂ ECOGRAFIA ÎN MEDICINA DE FAMILIE, Nr. 2. DIAGNOSTICUL PRECOCE ȘI STRATIFICAREA RISCULUI PATOLOGIEI TIROIDIENE FOCAL ȘI DIFUZE GHIDATE DE INTELIGENȚA ARTIFICIALĂ ÎN CABINETUL MEDICULUI DE FAMILIE Mihai Iacob1,2, Octavian Neagoe3 1 Grupul de Excelență Ecografia în Medicina de Familie al Societății Naționale de Medicina Familiei 2 European Association for the Development of Clinical Ultrasonography in Ambulatory Health Care (Outpatient Health Care). EUVEKUS/EADUS 3 Disciplina de Semiologie Chirurgică II, Clinica de Chirurgie Generală II și Oncologică, Spitalul Clinic Municipal de Urgență, Universitatea de Medicină și Farmacie „Victor Babeș”, Timișoara, pag.62-63. <<https://cnmf.mediamed.ro/wp-content/uploads/2020/12/Volum-rezumate-Congres-SNMF-2020.pdf>>
173. Congresul Național de Medicina Familiei, Ediția a IX-a online, 28.10- 1.11.2020, Volum de rezumate, ISBN 978-606-8463-70-4, 31 OCTOMBRIE- SESIUNEA GRUPULUI DE EXCELENȚĂ ECOGRAFIA ÎN MEDICINA DE FAMILIE, Nr. 3. PROVOCĂRI TEHNICE ÎN PUNCTIA ECOGHIDATĂ A TUMORILOR MAMARE Octavian Neagoe1, Mihai Iacob2,3, Octavian Mazilu1 1 Disciplina de Semiologie Chirurgică II, Clinica de Chirurgie Generală II și Oncologică, Spitalul Clinic Municipal de Urgență, Universitatea de Medicină și Farmacie „Victor Babeș”, Timișoara 2 Grupul de Excelență Ecografia în Medicina de Familie al Societății Naționale de Medicina Familiei 3 European Association for the Development of Clinical Ultrasonography in Ambulatory Health Care (Outpatient Health Care). EUVEKUS/EADUS, Pag.64-65. <<https://cnmf.mediamed.ro/wp-content/uploads/2020/12/Volum-rezumate-Congres-SNMF-2020.pdf>>
174. European Conference of Family Doctors, WONCA CONFERENCE BERLIN, 16-19 Dezember 2020, Thyroid ultrasonography in the current practice of the family doctor. Early diagnosis of thyroid malignancy in the family doctor's office. Nr. 78- Lecture / Vortrag, VIRTUAL LIBRARY, Education, further education and training / Aus-/Fort- und Weiterbildung, 4.1. Undergraduate and postgraduate practice training / Aus- und Weiterbildung, Mihai Iacob, <<https://wonca2020.conftea.net/en/lecture?objid=78>>
175. European Conference of Family Doctors, WONCA CONFERENCE BERLIN, 16-19 Dezember 2020, An experimental ultrasound screening to patients with acute abdominal-pelvic pain at the primary healthcare level – the point of care ultrasonography (POCUS) survey among European family doctors. Nr 161 1 Slide – 5 minutes lecture / 1 Abbildung – 5 Minuten Vortrag, VIRTUAL LIBRARY, Education, further education and training / Aus-/Fort- und Weiterbildung, 4.1. Undergraduate and postgraduate practice training / Aus- und Weiterbildung, Mihai IACOB.
176. European Conference of Family Doctors, WONCA CONFERENCE BERLIN, 16-19 Dezember 2020, FEPO - The fast examination method for the parenchymal organs for early diagnosis of focal lesions correlated with an experimental multiparametric oncology ultrasound screening (Gray-Scale-Imaging, Doppler-US, Elastography) at the primary healthcare level at the high-risk populations., Nr. 1110- Lecture / Vortrag, VIRTUAL LIBRARY, Education, further education and training / Aus-/Fort- und Weiterbildung, 4.2. Other Professional development (CPD, research training) / Fortbildung: medizinisch oder forschungsbezogen, Mihai IACOB.
177. European Conference of Family Doctors, WONCA CONFERENCE BERLIN, 16-19 Dezember 2020, An experimental Focused cardiac ultrasound (FOCUS) conducted by family physicians at patients with a high risk of cardiovascular diseases. Nr. 152- 1 Slide – 5 minutes lecture / 1 Abbildung – 5 Minuten Vortrag, VIRTUAL LIBRARY, Education, further education and training / Aus-/Fort- und Weiterbildung, 4.2. Other Professional development (CPD, research training) / Fortbildung: medizinisch oder forschungsbezogen, Mihai IACOB.
178. Programme Book of the 90th EGPRN Meeting, Virtual, 16-17 October 2020, ISBN 978-90-829673-5-7, Freestanding Paper / Finished study, A prospective observational cross sectional study with Focused cardiac ultrasound (FOCUS) conducted by the family physicians at patients with a high risk of cardiovascular diseases, p.38, Department of Research in Primary Health Care, Ultrasound Working Group in Family Medicine - AEDUS / EUVEKUS, Author: Mihai Iacob.
179. EFSUMB EUROSOUND SCHOOL, INTRODUCTORY BREAST ULTRASOUND COURSE, Sections and planes in breast ultrasound, Dr. Mihai Iacob, MD, Senior Medical Expert, Lecturer, Timisoara, Romania, January 17-18, 2020.
180. EFSUMB EUROSOUND SCHOOL, INTRODUCTORY BREAST ULTRASOUND COURSE, BIRADS LEXICON – US versus RADIOLOGY Dr. Mihai Iacob, MD, Senior Medical Expert, Lecturer, Timisoara, Romania, January 17-18, 2020.
181. EUROSOUND POCUS SCHOOL VIENNA 2021, The Point of Care Ultrasonography in Family Medicine and Ambulatory Healthcare Vienna, Austria Sept. 10-11, 2021, Conference President – Dr. Mihai Iacob, Eurosoun Book of Abstracts, Workshops – Hands On Session / Day 1 : 15:00 -15:30 WS.1.1 | Abdominal clinical ultrasonography, Prof. Dr. Ioan SPOREA 15:30 -16:00 WS.1.2 | Ultrasonography of the urinary tract. The pelvic ultrasonography, Dr. Carla SERRA 16:00 -16:30 WS.1.3 | Practical aspects of clinical ultrasonography (abdominal/pelvis US), Dr. Peter SIGMUND 16:30 -17:00 WS.1.4 | FOCUS Real-Time Demonstration, Dr. Mihai IACOB 17:00 -17:30 WS.1.5 | Basic Cardiac Ultrasound for non-cardiologists, Dr. GERGELY Agoston / Day 2: 15:00 -15:30 WS.2.1 | The ultrasonography in the abdominal emergency, Dr. Ioan SPOREA 15:30 -16:00 WS.2.2 | Practical aspects of clinical ultrasonography (abdominal/pelvis US) Dr. Peter SIGMUND 16:00 -16:30 WS.2.3 | Strain Elastography as a useful tool in daily practice, Dr. Carla SERRA 16:30 -17:00 WS.2.4 | Thyroid ultrasound screening-Real-Time Demonstration. The use of artificial intelligence in the thyroid ultrasound screening. Presentation of a computerized diagnostic algorithm, that stratifies the risk of thyroid malignancy. Dr. Mihai IACOB 17:00 -17:30 WS.2.5 | FOCUS for non-cardiologists, Dr. GERGELY Agoston 17:45 -18:15 WS.2.6 | Basic notions of breast ultrasound for doctors in the outpatient clinics, Prof. Dr. Dana STOIAN
182. Colophon / Abstract Book of the 92th European General Practice Research Network Meeting Virtual Meeting, 30 April - 1 May 2021, ISBN 978-90-829673-6-4, Theme Paper / Finished study, The evaluation of diffuse or focal thyroid pathology and early diagnosis of thyroid malignancy performed by family physicians using artificial intelligence through a European cross-border multicenter ultrasound screening project, Author: Mihai Iacob Advitam Medicis Medical Center, Family Medicine and Pediatrics, the Ultrasound Working Group, Euvekus, p.32.
183. 26th WONCA Europe Conference, Virtual 6-10 July 2021, PO063 / #244, PUBLICATIONS ONLY, Topic: 5. Research and innovation / 5.05 Health technology assessment, THE EARLY DETECTION OF NAFLD AND NASH WITH FIBROSIS-RISK-STRATIFICATION AT THE TARGETED POPULATION THROUGH THE MULTIPARAMETRIC-LIVER-ULTRASONOGRAPHIC-SCREENING AND ARTIFICIAL-INTELLIGENCE BY FAMILY-PHYSICIANS. Authors: Mihai Sorin Iacob1, Ana Remes2, Madalina Stoican2 1EUVEKUS/EADUS, Research Department, Wien, Austria, 2AEDUS -ASOCIATIA EUROPEANA DE DEZVOLTARE A ULTRASONOGRAFIEI CLINICE, Research Department, TIMISOARA, Romania, p.762.

184. 26th WONCA Europe Conference, Virtual 6-10 July 2021, PO073 / #273, PUBLICATIONS ONLY, Topic: 4. Education / 4.03 Professional education and development, FOCUSED CARDIAC ULTRASOUND (FOCUS) CONDUCTED BY THE FAMILY PHYSICIANS AT PATIENTS WITH A HIGH RISK OF CARDIOVASCULAR DISEASES. Author Mihai Sorin Iacob THE EUROPEAN ULTRASOUND WORKING GROUP// EUVEKUS /EADUS, Research Department, Vienna, Austria, p.772
185. Conferinta Nationala Ziua Medicului de Familie, 13-16 Mai 2021, online, Sesiunea Grupului de Excelență în Ultrasonografie, Diagnosticul precoce al steatozei sau steato-hepatitei (NAFLD și NASH) cu stratificarea riscului spre fibroză la populația cu risc crescut prin screening-ul ecografic multiparametric al ficatului (MLUS) și a utilizării inteligenței artificiale de către medicul de familie, Oral Presentation, Author Dr. Mihai Iacob, medic formator MF, Coordonator al Grupului de Excelență în Ultrasonografie al SNMF.
186. Conferinta Nationala Ziua Medicului de Familie, 13-16 Mai 2021, online, Sesiunea Grupului de Excelență în Ultrasonografie, Un screening tînit ecografic multiparametric efectuat de către medicii de familie prin utilizarea inteligenței artificiale printr-o abordare multidisciplinară într-un studiu transfrontalier - european multicentric intitulat Proiectul Thyro-Screen, Oral Presentation, Author Dr. Mihai Iacob, medic formator MF, Coordonator al Grupului de Excelență în Ultrasonografie al SNMF.
187. CONFERINȚA DE MEDICINA FAMILIEI cu participare internațională, Ediția a XVII-a, 24-27 Martie 2021, Echilibrul delicat între știința, arta și comunicare, Conferința online, Program Științific, SESIUNEA a 2-a, Coordonator Dr. Mihai Iacob, Sesiunea Grupului de Excelență Ecografia MF al SNMF, Screeningul ecografic multiparametric al ficatului pentru diagnosticul precoce al steatozei (NAFLD) sau steatohepatitei non-alcoolice (NASH) și noțiuni de morfometrie hepatică în practica medicului de familie, Author Dr. Mihai Iacob, Oral Presentation, p.21.
188. CONFERINȚA DE MEDICINA FAMILIEI cu participare internațională, Ediția a XVII-a, 24-27 Martie 2021, Echilibrul delicat între știința, arta și comunicare, Conferința online, Program Științific, SESIUNEA a 2-a, Coordonator Dr. Mihai Iacob, Sesiunea Grupului de Excelență Ecografia MF al SNMF, Implicarea medicinei de familie în evaluarea riscului de cancer tiroidian în masa populațională, Authors Dr. Octavian Neagoe, Dr. Mihaela Ioniță, Dr. Mihai Iacob, Dr. Octavian Mazilu, p.21.
189. CONFERINȚA DE MEDICINA FAMILIEI cu participare internațională, Ediția a XVII-a, 24-27 Martie 2021, Echilibrul delicat între știința, arta și comunicare, Conferința online, Program Științific, SESIUNEA a 2-a, Coordonator Dr. Mihai Iacob, Sesiunea Grupului de Excelență Ecografia MF al SNMF, Contribuția inteligenței artificiale la diagnosticul precoce a patologiei tiroidiene difuze și focale și stratificarea riscului oncologic în practica medicilor de familie, Dr. Mihai Iacob, Dr. Octavian Neagoe, Dr. Mihaela Ioniță, p.21.
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Scrisoare de intenție

CĂTRE,

**BIROUL ELECTORAL,
COLEGIUL MEDICILOR TIMIȘ,**

Subsemnatul **Dr. Mihai-Sorin IACOB,**

medic primar medicina de familie, medic specialist pediatrie reprezentant legal la cabinetul de medicină de familie ADVITAM MEDICIS SRL, în calitate de Președinte al Asociației Societatea Timiș de Medicină Familiei, Vicepreședinte al Societății Naționale de Medicina Familiei și Coordonator al Grupului de Excelență de Ultrasonografie în Medicina de Familie al ASNMF, îmi exprim dorința să particip și să-mi depun candidatura pentru, pentru mandatul 2024-2028, pentru funcția de secretar al biroului consiliului Colegiului Medicilor .

Îmi prezint pe această cale **intenția de a candida la funcția eligibilă de secretar al biroului consiliului Colegiului Medicilor coordonator al Departamentului de avizari în cadrul Biroului Executiv al Colegiului Medicilor Timiș.**

Atașez la această Scrisoare de Intenție o anexă în care am trecut mai multe propuneri de dezvoltare educațională, un proiect de interconectare regională dintre Țările Balcanice de Sud Est și Europa de Vest reprezentată de Wonca Europa (Hub Medical de Medicină de Familie interconectare medicală EST- VEST EUROPEAN), dar și propunerile noastre de reglementare legislativă a activității Medicinii de Familie la nivel județean și național.

Dr. Mihai Sorin IACOB

Timișoara, 11 Octombrie 2024

ANEXA CU PROPUNERI VIZAVI DE DEZVOLTAREA MEDICINEI DE FAMILIE DIN JUDETUL TIMIS

Propun continuarea Proiectului Educațional Științific Multidisciplinar de Educație Medicală Continuă demarat prin Colegiul Medicilor Timiș în mandatul precedent, având susținerea BEX Timiș, prin care am organizat un număr de 10 Simpozioane creditate de pregătire a medicilor de familie din Timiș în medicină de urgență pre spitalicească, Resuscitare cardio-respiratorie precum și diferite simpozioane de urgență din diferite specialități: chirurgie, ortopedie, urologie, ginecologie, neurologie, gastroenterologie, cardiologie, hematologie etc.

Deoarece medicina de familie este un domeniu realmente privat în România, considerăm că acest segment important din sistemul medical românesc are nevoie de o pregătire continuă și o upgradare a noțiunilor teoretice și practice pentru practicarea unei medicine bazate pe dovezi în conformitatea cu Curriculum de Medicină de Familie. De educația medicală în medicină primară nu se ocupă practic în prezent nici o instituție din România (Ministerul Sănătății, Casa de Asigurări, DSP, UMF) fiind deci necesară implicarea colegiului medicilor teritorial în pregătirea și educația medicală continuă din medicina de familie din Timiș. Precizăm că avem în relație contractuală cu Casa Județeană de Asigurări Timiș peste 460 de medici de familie reprezentând al doilea județ la nivel național ca număr de medici de medicină primară după Ilfov.

Propunem realizarea prin organizația profesională Societatea Timiș de Medicină de Familie alături de Colegiul Medicilor Timiș a unei a doua Ediții a Conferinței Europene East meets West/Estul întâlnește Vestul în perioada 12-14 Decembrie 2024, la care este invitat și a confirmat participarea Boardul WONCA Europa - Președintele în exercițiu Thomas Freese, Former President Shlomo Vinker, precum și leaderii țărilor Balcanice care fac parte din Asociația Sud-Este Europeană de Medicină Familiei din următoarele țări: Turcia, Bulgaria, Muntenegru, Slovenia, Macedonia, Serbia etc.

Astfel prin acest mare Meeting European ne propunem că prin susținerea Colegiului Medicilor din Timiș, Medicina de Familie din Timiș să devină un Hub Medical de legătură multidisciplinar între Estul și Vestul Europei și prin aceasta să creștem accesul la informație și la educație al medicilor de familie din această regiune.

Ne propunem realizarea prin Colegiul Medicilor Timiș a unui sistem de "LOCUM" de o listă cu criterii foarte bine stabilite de medici de familie înlocuitori formată din medici pensionar, medici tineri specialist de medicină de familie care să fie împrumutați la diferite cabinete medicale în care medici de familie au probleme temporare de sănătate, sau sunt în concediu de odihnă, boala. Dorim o consultare internațională pe această temă și să realizăm prin Colegiul Teritorial Timiș o astfel de listă de medic înlocuitori pe baza unor criterii foarte exact stabilite împreună cu instituțiile naționale de resort.

Ne propunem pe baza mandatului anterior o bună colaborare interdisciplinară între sistemul de medicina primară, secundară și terțiara și mai ales o mai mare apropiere și colaborare cu lumea academică așa cum am demonstrat până în prezent.

Medicii de familie sunt forțați să îndeplinească multe alte atribuții și care au ca rezultat prelungirea activității în cabinetele de medicină de familie în afara programului zilnic de cinci ore, (20 de consultații plătite și încă 20-30 neplătite deoarece se permite că putem consulta doar 4 pacienți/1 h restul fiind sub formă de consultație) contractat cu casele de asigurări de sănătate. Practic noi prestăm un număr dublu de consultații care intra de fapt în consultație cu o remunerare simbolică. Toate acestea sunt efectuate în mod voluntar pe lângă orele de activitate desfășurată atât la cabinete cât și pe teren în situația în care 90% din activitatea medicală se realizează în prezent în cabinetele de medicină familiei unde avem o adresabilitate crescută. Majoritatea medicilor de familie se afla într-o situație de burnout dat fiind faptul că media de vârstă în acest sector a depășit 57 de ani.

Dr. Mihai–Sorin IACOB

Cabinetele de medicină de familie nu au resurse pentru angajarea de personal suplimentar în condițiile actuale de subfinantare cronică de ani de zile. Exista o discriminare evidentă între remunerația medicilor specialiști din sistemul bugetar pentru care s-a încercat o corectare comparativ cu medicii specialiști de medicină familie.

Începând cu luna august 2021 OUG nr. 74/2021 și Ordinul 1398/2021 stabilesc o serie de măsuri privind eliberarea certificatelor de concedii medicale. Aceste măsuri se dovedesc a fi luate fără logică, împotriva drepturilor pacienților asigurați care sunt plimbați în prezent între cabinetele medicale. Medicul de familie nu mai poate acorda mai mult de 3-4 zile de Concediu Medical unui pacient fiind obligat să plimbe pacienții la diverse specialități medicale pentru prelungirea lor în contradicție cu curriculum de pregătire.

Reluăm solicitările noastre anterioare și propunem următoarele măsuri care să fie incluse în viitoarea legislație :

- 1. Alinierea veniturilor nete a medicului de familie la nivelul celorlalți specialiști din unitățile bugetare precum și a asistenților medicali angajați în cabinetele medicilor de familie. Este posibil prin creșterea finanțării la 14% pentru AMP din FNUASS în conformitate cu plata efectuată în majoritatea țărilor civilizate din Europa**

Motivație: medicina de familie este o specialitate ca oricare alta; S-a creat o discriminare în prezent față de medicii din sectorul bugetar. Venitul brut al unui cabinet de medicină de familie, venit din care se întreține infrastructura cabinetului, se asigura salariile angajaților din cabinet este mai mic decât baza de salariu, salariul net al unui medic angajat la stat; Creșterea finanțării medicinei de familie astfel încât să eliminăm discriminarea medicilor de familie față de cei din sectorul bugetar, la un nivel corespunzător măcar cu veniturile unui medic din sistemul bugetar. Precizăm faptul că finanțarea a fost de sub 6% din FNUASS până în prezent ceea ce a desființat practic un mare număr de cabinete de medicină de familie fiind un deficit de cabinete MF în peste 400 de localități de la nivel național.

- 2. Desființarea totală a Protocoalelor terapeutice și a scrisorilor medicale necesare la 6 luni pentru medicamentele cu „steluțe” care reprezintă actualmente o barieră administrativă, și prescrierea acestora în conformitate cu Curriculum de pregătire în specialitatea de medicină de familie existentă în prezent.**

Motivație: Prin aceste protocoale CAȘ încalcă un drept fundamental al medicului de familie, un drept câștigat prin pregătirea Curriculară. Aceste protocoale sunt pur administrative denumite, fals terapeutice, îngreunează desfășurarea actului medical, pun pacienții pe drumuri, încarcă nejustificat cheltuielile în sistem.

- 3. Finanțarea din bugetul de paraclinic al serviciilor medicale paraclinice prestate de medicii de familie (ECG, Holter Tensional, etc) și tariful acestora în conformitate cu prețul real „de piață” al acestor servicii medicale paraclinice și nu cu sume simbolice care nu acoperă investiția medicului în aparatura medicală.**
- 4. Acordarea cabinetelor MF a libertății depline de a participa sau nu, la centre medicale integrate de furnizare de servicii de sănătate cum ar fi cabinetele asociate sau policlinici prin care riscăm dispariția cabinetului de medicină de familie și asimilarea acestora în lanțuri farmaceutice sau medicale.**
- 5. Reglementarea unui program de concediu de odihnă, de boală, de creșterea copilului și lăuzie pentru medicul de familie.**

Motivație: medicul de familie nu beneficiază de concediu legal, fără să fie penalizat sau fără să-și găsească înlocuitor. Medicul de familie nu beneficiază de concediu de boală. Medicul de familie nu beneficiază de concediu de creștere a copilului, și lăuzie, are obligația de a se întoarce la munca după 60 zile, altfel se anulează contractul CAȘ.

- 6. Reglementarea unui sistem de pensii decente similar altor categorii sociale.**

Motivație: medicii spre deosebire de alte categorii cu pensii speciale, au 6 ani de facultate plus 4-5 ani de pregătire în rezidențiat. Pensia unui polițist fără studii superioare, care a ieșit la pensie la 45 ani este de trei

ori mai mare decât a unui medic de familie care s-a pensionat la 65 ani. Pensia unui magistrat pensionat la 65 ani este de 8-10 ori mai mare decât pensia unui medic de familie. Sănătatea în orice țară este încadrată la sigurata națională. Constituția obliga statul roman să aibă grijă de cetățenii săi (art.34).

7. **Elaborarea unor Amendamente la legea 95 prin care Organizațiile Naționale profesionale și patronale să redevină negociatori și nu consultanți, precum Constituția României garantează acest drept. Susținem practic o actualizare a Legii 95 care se dovedește perimată, și promovarea prin Colegiul Medicilor a unei legi adaptate nevoilor actuale ale acestei legi care reglementează practic sistemul medical din România.**

Motivație: Constituția României garantează dreptul organizațiilor profesionale, patronale și sindicale legal constituite de a reprezenta drepturile membrilor săi. Codul civil prevede, Contractul – cadru prevede se negociază. Prin neacceptarea reprezentanților organizațiilor medicilor de familie legal constituite la negocierea contractului cadru, se încalcă dreptul constituțional de a ni se reprezenta interesele.

Organizațiile patronale și profesionale cunosc atât nevoile medicilor de familie cât și ale pacienților noștri.

8. **Solicitam descentralizarea Sistemului de Asigurări de Sănătate și desființarea monopolului CNAS prin asigurările obligatorii de stat în viitor, prin includerea a 3 maxim 4 Case de Asigurări Private pentru crearea unui sistem concurențial între acestea și flexibilizarea acestui sistem.**

Motivație: Existența unui sistem concurențial pe piața asigurărilor de sănătate poate duce la o administrare mai flexibilă a sistemului medical din România așa cum se întâmplă și în alte țări europene.

9. **Solicitam finanțarea din fonduri europene pentru reabilitarea infrastructurii în medicina primară a peste 75% din numărul celor 10000 de medici de familie existenți și nu doar a „3000 de cabinete MF” la nivel național așa cum ați prevăzut în această strategie, în funcție de necesitățile fiecărui cabinet prin PNRR sau alte fonduri de la Banca Mondială pentru a dezvolta semnificativ sistemul de medicină primară la nivel național. Din păcate s-a demonstrat o întârziere nepermisă a acestui program prin PNRR care ar fi trebuit să fie aplicat de câțiva ani deja.**

10. **Reducerea birocrăției care afectează direct activitatea medicilor de familie în ceea ce privește eliberarea documentelor medicale pe formulare speciale pre-tipărite cu toate că acestea pot fi listate ca și ceilalți documente. (Concedii medicale, rețete verzi, etc);**

Motivație: de ani și ani de zile ne sufocăm noi și pacienții noștri de atâta birocrăție. De la an la an s-a redus timpul de consultație propriu zis alocat nevoilor pacientului în vederea elaborării diagnosticului. Timpul alocat de către Casa de Asigurări este de 15 minute, 10 minute se pierd doar pentru îndeplinirea diverselor procese birocratice, rămânând 5 minute pentru urmărirea pacientului; Nu se justifică registre și înregistrări din moment ce pacientul semnează electronic actul medical. Unele documente necesită modificări PIAS: rețeta unică indiferent de lista sau patologie, trimiteri, rețete TAB, concedii medicale electronice.

11. **Găsirea unei modalități prin care CNAS să fie responsabilă de permanentele erori, blocaje, întreruperi în funcționarea sistemului/platformelor informatice din sistemul medical, iar când medicul nu poate lucra online să devină obligația CAȘ, urcarea în sistem a datelor offline și nu a medicului de familie, precum se întâmplă în alte țări europene.**

Motivație: medicul de familie de ani de zile validează servicii, transmite rețete la ore nocturne. Aceste sincope de funcționare au adus și ele contribuția la diminuarea veniturilor noastre, fără ca cei în drept să ia vreo măsură. Am ajuns să fim penalizați și să plătim rețete care au fost eliberate cu trei ani în urmă. Conform legii 95/2006 administrarea sistemului informatic este obligația CAȘ și nicidecum a prestatorului de servicii medicale, iar CAȘ nu are dreptul să decline această obligație unei alte persoane. CAȘ nu îndeplinește obligațiile sale, adică nu asigură funcționalitatea sistemului informatic, deci CAȘ trebuie să răspundă și să fie penalizat nu medicul de familie, sumele generate de nefuncționalitate să fie recuperate de la firma de mentenanță sau angajații CAȘ

12. **Realizarea unui viitor plan de sprijinire a medicinei de familie prin echipamente de protecție individuală în situații pandemice având în vedere faptul că pot izbucni și alte epidemii având în vedere situația geostrategică actuală;**

- 13. Identificarea unor alte modalități de distribuire a tichetelor de masă sau a altor documente sau acțiuni administrative pe viitor pentru acordarea alocației de hrană persoanelor care se vaccinează cu schemă completă de vaccinare împotriva virusului SARS-CoV-2, sau a altor acțiuni similare fără implicarea medicilor de familie care trebuie să-și îndeplinească profesia medicală pentru care au fost pregătiți.**

Motivație: Operațiunile de distribuire de documente administrative, în special cele retroactive, sunt imposibil de realizat cu resursele din cabinetele de medicină de familie. Medicii de familie nu au rolul de distribuitori de taloane, ci de furnizori de servicii medicale. În plus, apreciem că această variantă de stimulare a ritmului vaccinării este o măsură lipsită de eficiență și o adevărată risipă a fondurilor Ministerului Sănătății, și așa insuficiente sistemului de sănătate publică;

- 14. Modificarea prevederilor OUG nr. 74/2021 și a Ordinului 1398/2021, respectiv eliminarea obligației întocmirii planului de urmărire a evoluției bolii pentru concediile medicale și a obligației fracționării numărului de zile de concediu medical ce pot fi acordate de către medicii de familie.**

Prezentele propuneri reprezintă și un apel de urgență pentru salvarea medicinei de familie care altfel risca să depună armele ca urmare a suprasolicitării fizice și psihice datorate ignorării continue de către autorități de ani de zile.

Atragem atenția că a fost publicat în 2021 un Document al Avocatului Poporului care prezintă situația reală extrem de gravă a Medicinii de Familie din România și riscul dispariției acesteia în următorii 5-10 ani dacă nu vor fi luate măsurile corespunzătoare în prezent.

Dr. Iacob Mihai Sorin

Timișoara, 11 . 10. 2024